

Cheese types with 2012 salt reduction targets

Cheese type	2012 salt target (g/100g)
Cheddar /Cheddar style	1.8
Other processed	2
Cheese Spread	2.25
Cheshire	1.8
Cottage cheese	0.63
Cream cheese	0.75
Double Gloucester	1.8
Red Leicester	1.8
Blue cheese	2.1
Wensleydale	1.8